

About Walker

Walker is a leading not-for-profit charitable organization providing intensive therapeutic and academic services for exceptionally vulnerable yet resilient children, teens, and families facing complex mental health, emotional, behavioral, and learning challenges. Founded in 1961, Walker's evidence-based programs positively impact nearly 20,000 children, teens, and families each year throughout Greater Boston, the North and South Shore as well as in Central Massachusetts. Walker provides services through campuses in Needham and Watertown, community-based clinical, home-based, parent education and youth development programs, professional seminars, consultations and coaching.

Schedule an appointment

Phone: 781-292-2196
Email: WCC@walkercares.org
www.WalkerCares.org

Hours of Operation:
Monday through Thursday 9 AM - 7 PM
Friday 9 AM - 5 PM
Additional appointments available by request

Most services are covered by health insurance, and we accept the following MassHealth and commercial insurance plans:

- Massachusetts Behavioral Health Partnership
- Neighborhood Health Plan
- Fallon Health Plan
- Boston Medical Center HealthNet plan
- Group Insurance Commission
- Blue Cross Blue Shield
- Tufts Health Plan
- United Behavioral Health (Harvard Pilgrim)
- United Health Care

WALKERCARES.ORG



Walker Community Counseling
Needham, MA

Phone: 781-292-2196

Fax: 781-292-2197

Email: WCC@WalkerCares.org

www.WalkerCares.org



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[v/walkercares](https://www.youtube.com/channel/UC...)

Walker Community Counseling



TEACHING. CARING.
BUILDING HOPE.



Walker Community Counseling practitioners share expertise in addressing:

- Anxiety
- Social Isolation
- School or Life Transitions
- Depression
- Divorce
- Bullying
- ADHD
- Changes in Mood and Behavior
- Interpersonal Violence
- Disruptive Disorder
- Gender & Sexual Identity
- PTSD
- Autism Disorders
- Self-Esteem
- Grief
- Communication
- Parenting
- Anger Management
- Adoption
- Attachment

Client-Centered Support

Walker Community Counseling provides support to make positive life changes in a safe and comfortable environment. Practitioners utilize an ecological approach that addresses individual, family, environmental and community factors.

Who We Are

Walker Community Counseling includes clinical social workers, mental health counselors, master level clinical interns, psychiatrists, and psychiatric nurse prescribers. Walker Community Counseling practitioners are trained in the application of a variety evidence-based practices to diagnose and treat behavior challenges, emotional issues, trauma, and other complex mental health needs.

Our Services

Walker Community Counseling offers the following evidence-based services to adults, adolescents, and children:

- Individual Therapy
- Family Therapy
- Group Therapy
- Psychopharmacology
- Dyad Therapy
- Sibling Support Groups
- Family Support Groups
- Functional Behavior Assessments
- Psychological Testing
- Educational Testing
- Mental Health Consultation

Making A Referral

Walker Community Counseling welcomes referrals from families, hospitals, physicians and other health care providers, schools, daycare providers, youth programs, state agencies and others.

For more information about our services:

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